



Patient Education Form

How to achieve the best results after your surgery Dr. Hilton Becker

Dr. Hilton Becker

Dr. Becker makes great effort to ensure his patients get the best results after surgery. The following is information for those who have had breast augmentation. In a small percentage of patients, a condition called Capsular Contracture may develop. This rare condition, which can be beyond the control of your type of surgery or surgeon, is one in which the breast implant hardens, may rise up, and begins to form a scar shell around itself. Those who notice either breast hardening, pain, shape changes, or difference in the position of their breasts after surgery should contact Dr. Becker immediately. You may have capsular contracture starting to form and early recognition is imperative.

Treatment for Capsular Contracture now has an affordable, safe, non-surgical therapeutic option. Dr. Becker recommends, not requires, receiving post-operative therapy as a treatment option for capsular contracture or breast implant hardening. This is for both patients with **elective breast augmentation** but especially those after **breast reconstruction** due to its severity. See example pictures of what to look for below and expectations with the non-surgical treatment Dr Becker recommends.

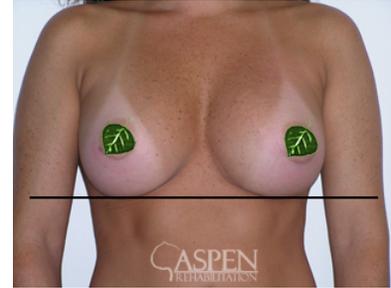
Capsular Contracture-before treatment

Upward LEFT breast mispositioning and hardening



.....after treatment

Improved position, shape, and softness



The success of this therapy is based on how early the treatment intervention begins. Dr. Becker recommends starting as early as possible once the condition has been identified. Capsular contracture starts as a thin scar shell that begins forming a thicker shell around the implant over time. Treatment initiated early allows for a "mold ability" of the hardening breast implant shell before it can fully harden. Once the scar shell hardens, treatment effectiveness is lessened.

Treatment is a 3-part approach. The first part is the application of a very specific process that uses a machine that produces painless waves of energy to the surface of the hardening implant. Once softened, the therapist's mobilization or stretching of the capsule begins via particular massage like motions. The final step is educating the patient on proper stretches and application of compression bandages to properly position and soften the implant.

- **Success Rate:** Greater than 90 % with early treatment intervention.
- **Risks:** Few. The treatment has no infection or surgical risks associated with it.
- **Discreet:** The painless modality is applied with the patient fully draped and covered. A female therapist or attendant supervises at all times.
- **State of the Art:** A very specialized pain-free machine is used that is the latest in medical technology.
- **Cost effective:** A full course of treatment is only a fraction of the cost of surgical revision.
- **Professional:** All therapists are highly trained licensed clinicians. They evaluate each client individually for their needs and will determine the proper plan of care.

Dr. Becker recommends receiving treatment at the facility below for the above condition. Please ask receptionist for details.



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